

# A Clinical Practice Guide for Pediatric Feeding Disorder

**Pediatric Eating And Swallowing (PEAS)  
Provincial Project**



# Welcome

- Introductions & Objectives



SLP Discipline Lead, ACH

**Dr. Bev Collisson**



Prov. Practice Lead, Nutrition Services

**Melissa Lachapelle**



Patient Care Manager, ACH

**Rachelle Van Vliet**

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# CERTIFICATE OF ATTENDANCE

*Name*

Attended the 1 hour webinar

**PEAS Overview & New Tools**

offered on Date

Dr. Justine Turner, MD PhD  
On behalf of the PEAS Project



[PEAS.Project@ahs.ca](mailto:PEAS.Project@ahs.ca)

## PEAS Provider Training: Overview & New Tools

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The image shows a Zoom Webinar Chat window. The window title is "Zoom Webinar Chat". The chat area is currently empty. Below the chat area, there is a "To:" dropdown menu set to "All panelists and attendees" and a note that says "Your text can be seen by panelists and other attendees". At the bottom of the Zoom interface, there are three icons: "Chat", "Raise Hand", and "Q&A".

**For Comments**  
Use the **Chat** and select “All panelists and attendees” for public comments.

**For Questions**  
Use the **Q&A or Raise Hand**. We will address them at the end of the presentation

Audio Settings ^

Chat Raise Hand Q&A



# Project Scope

The Pediatric Eating And Swallowing (PEAS) Project is a provincial **quality improvement** initiative with the purpose of developing a provincial eating, feeding, and swallowing **clinical pathway** to standardize and improve care for children with a **pediatric feeding disorder**.<sup>1</sup>

**Target population:** Patients receiving care from provincial Outpatient Clinics, Home Care, or Community Rehabilitation

<sup>1</sup> Goday PS et al. *Pediatric Feeding Disorder: Consensus Definition and Conceptual Framework*. J Pediatr Gastroenterol Nutr. 2019 Jan;68(1):124-129.

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# Pediatric Feeding Disorder

A) A disturbance in oral intake of nutrients, inappropriate for age, lasting at least two weeks and associated with one or more of the following:

- 1) **Medical dysfunction**
- 2) **Nutritional dysfunction**
- 3) **Feeding skill dysfunction**
- 4) **Psychosocial dysfunction**

B) Absence of the cognitive processes consistent with eating disorders and pattern of oral intake that is not due to a lack of food or congruent with cultural norms (Goday, et al., 2019).

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# Family Story

## Mona Dhandra

Eisha – Age 8





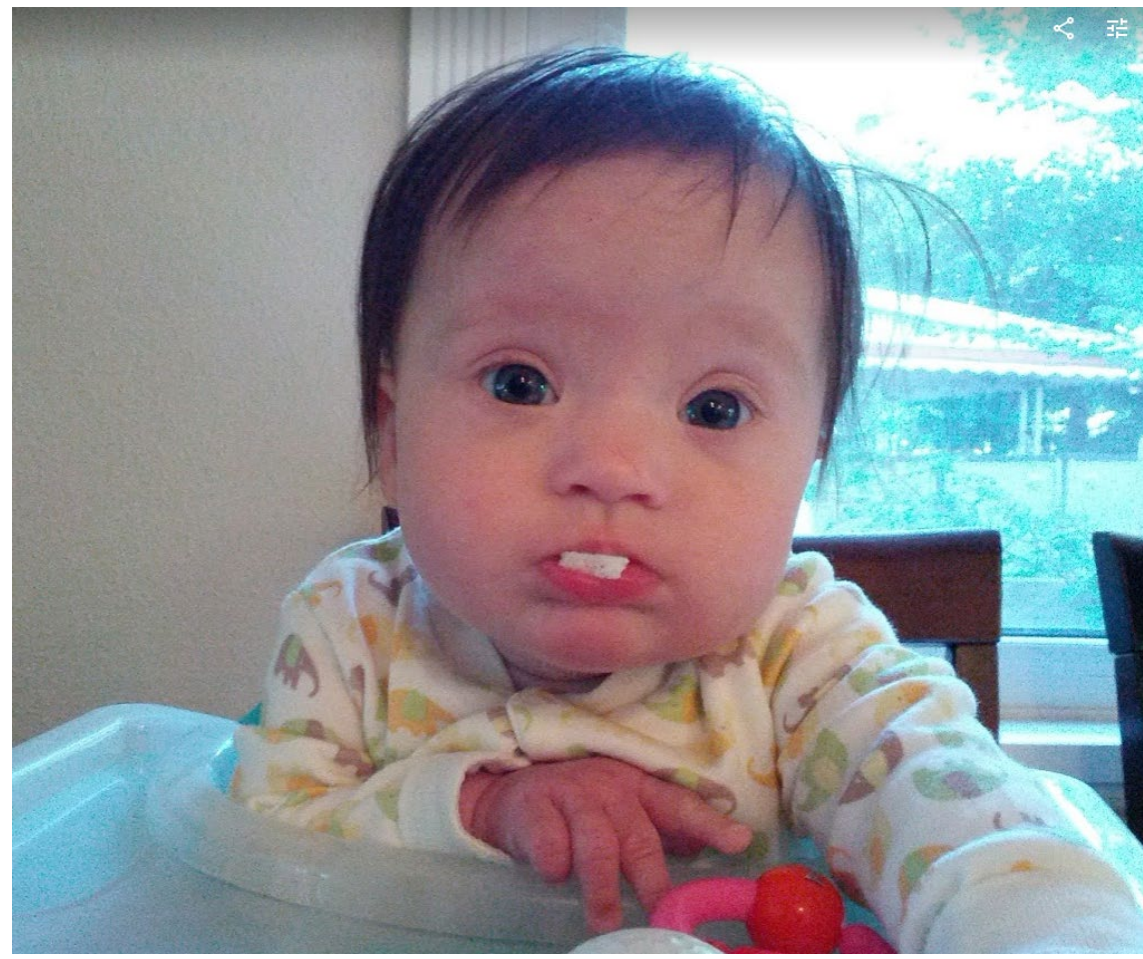
## Eisha – Birth Story

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## Eisha – The first year

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## Eisha - Transition to solid food - Daycare and School

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# Eisha – Education, Interventions & Supplies



## TOP SPOONS FOR FEEDING THERAPY



- 1. proSpoon
- 2. Textured
- 3. Flat

- 4. Dippers
- 5. Vibrating
- 6. Weighted

- 7. Cat Tip
- 8. Mouse Tip
- 9. Dog Tip

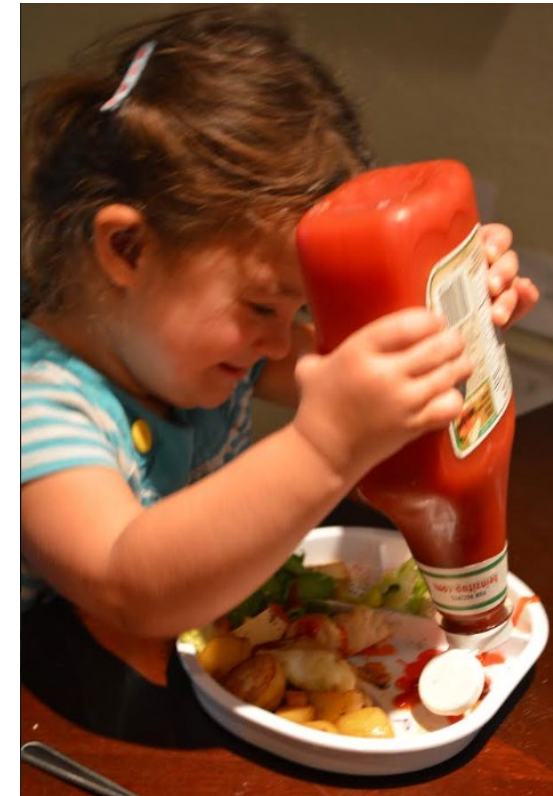


## Eisha – Appropriate eating and non food items



## Eisha – Specialized Services and taking chances on food

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Eisha – Still working hard – This meal took 90 mins to complete

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# PEAS Clinical Practice Guide



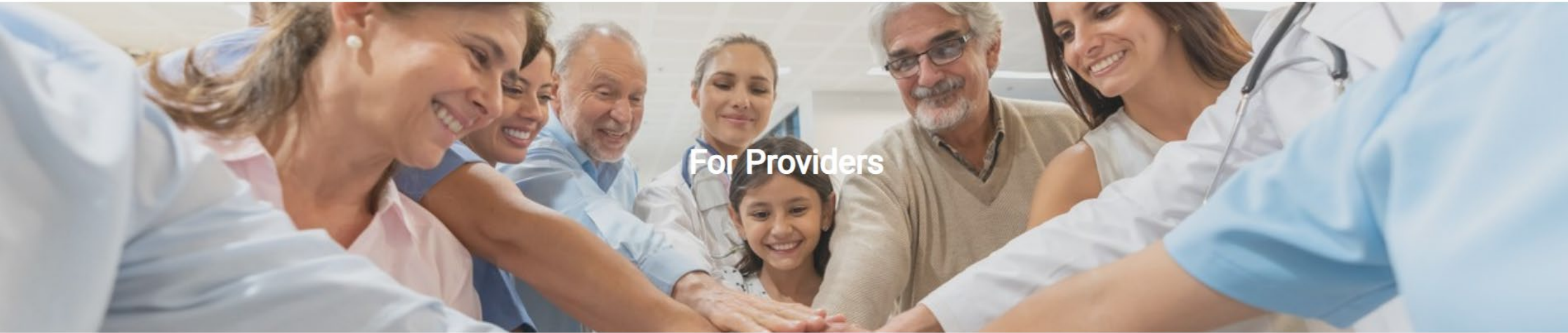
# Clinical Practice Guide for Healthcare Professionals

Provides **information, guidance and recommendations**, to support health care professionals in making **clinical decisions** regarding the **screening, assessment and management** of children with pediatric feeding disorder.



- Oral & Enteral populations
- Online or downloadable version
- CPG Quick Reference of Tables & Figures





## For Providers

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### FOR PROVIDERS

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### CLINICAL PRACTICE GUIDE

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### CLINICAL TOOLS & FORMS

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### COLLABORATIVE PRACTICE

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### PROFESSIONAL DEVELOPMENT

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### COMMUNITY OF PRACTICE

## For Providers

The following are an array of evidence-based resources for healthcare providers in Alberta to support your work in serving children and families with the safest care, in a collaborative team, wherever possible.

### Clinical Practice Guide

[READ MORE](#)

### Clinical Tools & Forms

- Screening Tool
- Assessment Tools and Questions
- Food Record
- Collaborative Goal Wheel
- Feeding Care Plan

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[SUMMARY](#)

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[CPG QUICK REFERENCE](#)

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[INTRODUCTION](#)

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[SCREENING](#)

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[ASSESSMENT](#)

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[DIAGNOSIS AND GOAL SETTING](#)

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[MANAGEMENT: ORAL FEEDING](#)

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[MANAGEMENT: ENTERAL  
NUTRITION THERAPY](#)

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[MONITORING AND EVALUATION](#)

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[TRANSITION](#)

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[APPENDICES](#)

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[For Providers](#) / [Clinical Practice Guide](#) / [Summary](#)

## Summary

### Pediatric Eating, Feeding and Swallowing (EFS) Disorder: A Clinical Practice Guide (CPG) for Healthcare Professionals



[Click to download CPG](#)

#### Purpose

*Pediatric Eating, Feeding and Swallowing (EFS) Disorder – A Clinical Practice Guide for Healthcare Professionals* provides information, guidance and recommendations, to support healthcare professionals in making clinical decisions regarding the screening, assessment and management of children with eating, feeding and swallowing disorder. The guide was prepared for Alberta Health Services (AHS) by an expert clinical reference group under the auspice of the Maternal Newborn Child & Youth Strategic Clinical Network™ (MNCY SCN) and is aimed at achieving the best possible pediatric care throughout the province.

#### Key Principles

The guide reflects what is currently regarded as a safe and appropriate approach to the screening, assessment and management of children with eating, feeding and swallowing (EFS) disorder. This document should be used as a guide, rather than as a complete authoritative statement of procedures to be followed in respect of each individual presentation. It does not replace the need for the application of clinical judgement to each individual presentation.

As in any clinical situation, and due to the heterogeneous nature of EFS disorder, there are factors that cannot be covered by a single guide. Clinicians need to assess and develop individual treatment plans tailored to the specific needs and circumstances of the child and family. This guide should be read in conjunction with other relevant guidelines, position papers, codes of conduct, and policies and procedures, at professional, organizational and local levels.

#### Use of Guide

Senior Operating Officers and Directors should ensure:

CPG QUICK REFERENCE

INTRODUCTION

- Key Principles of Practice
- Conceptual Framework and Definitions
- How to Use this Guide** 

SCREENING

ASSESSMENT

DIAGNOSIS AND GOAL SETTING

MANAGEMENT: ORAL FEEDING

MANAGEMENT: ENTERAL NUTRITION THERAPY

MONITORING AND EVALUATION

TRANSITION

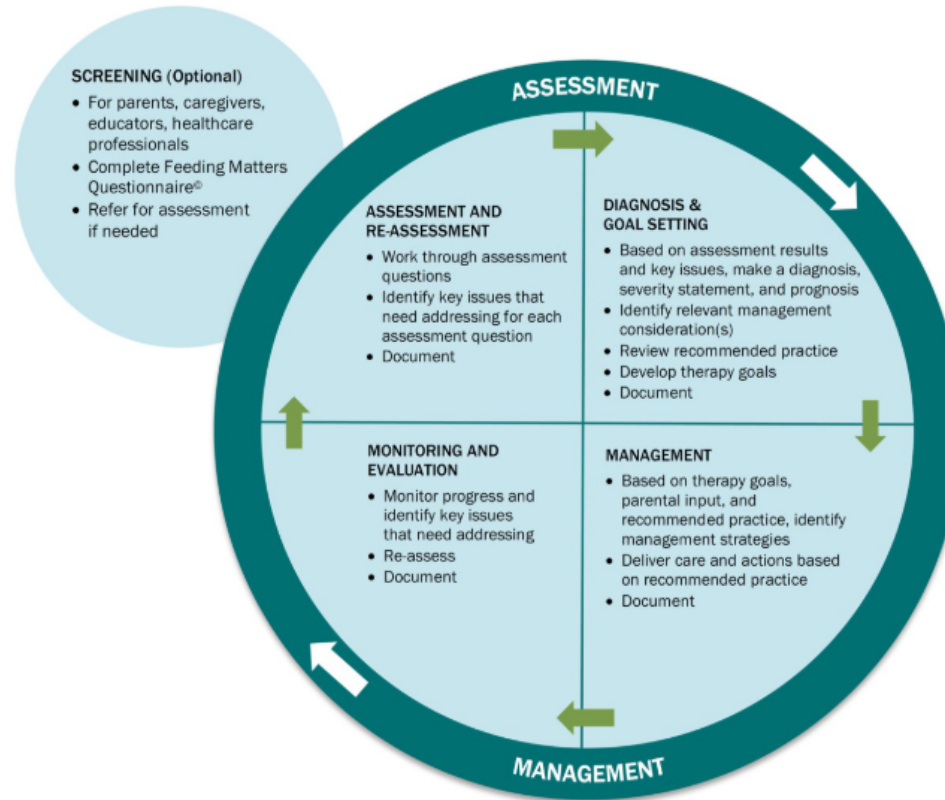
APPENDICES

BIBLIOGRAPHY

# How to Use this Guide

Assessment and management of EFS disorder in children is an ongoing, cyclical process (see Figure 2). The inner quadrants depict the four distinct, but interrelated steps in the Pediatric Feeding Care Cycle. Detail regarding the necessary actions are recommended in each quadrant. The outer ring identifies the components of the guide that relate to the steps.

**Figure 2: Pediatric Feeding Care Cycle**  
(NSW Office of Kids and Families, 2016)



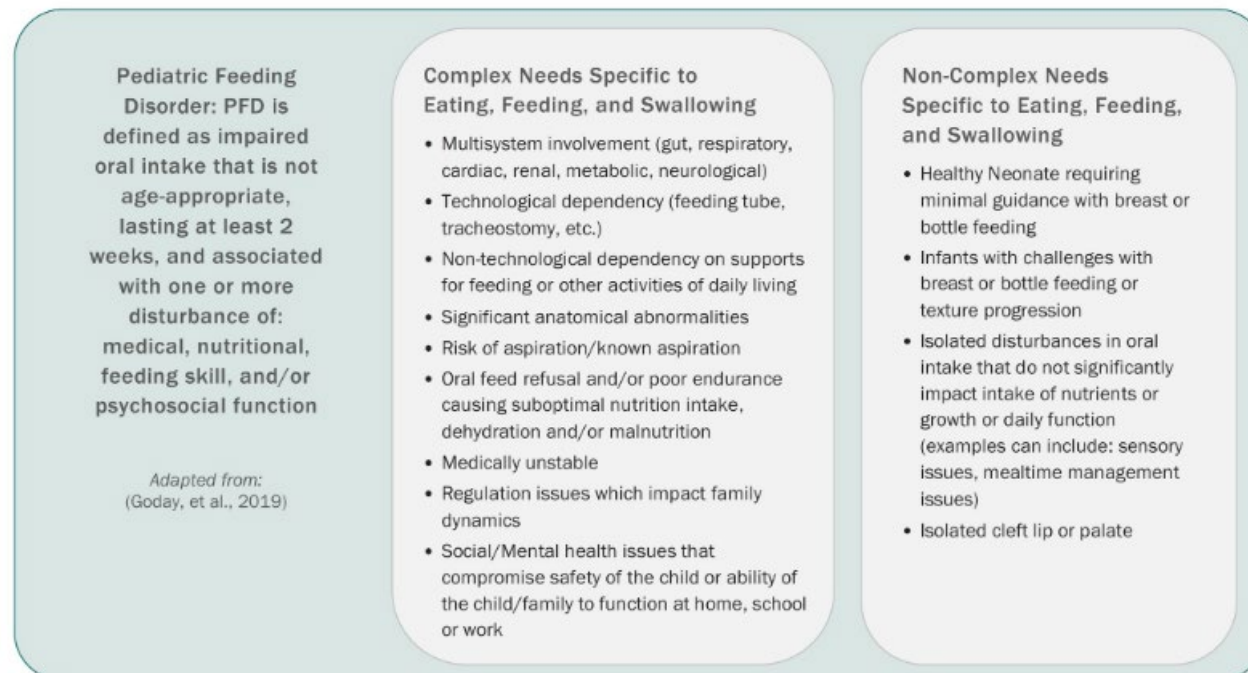
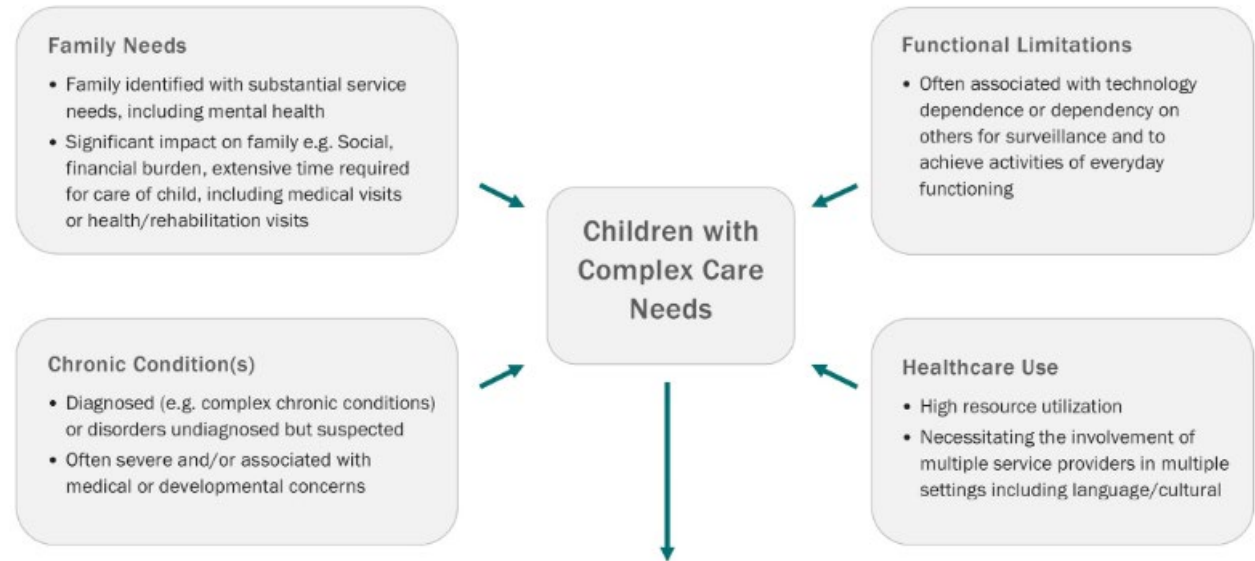
# Conceptual Framework Consensus Definitions

# Consensus Definition

- **Eating**
  - **Feeding**
  - **Swallowing**
    - Oral Preparatory
    - Oral Transit
    - Pharyngeal
    - Esophageal
  - **Pediatric Feeding Disorder**
  - **Pediatric Swallowing (Dysphagia) Disorder**
-

# Children with Complex Care Needs

Figure 1: Definitional Framework for Children with Complex Care Needs Specific to Eating, Feeding and Swallowing



# Relational Approach

- Responsive feeding
- Responsive feeding environment
- Responsive feeding intervention





# Screening

## Pediatric Feeding Disorder and Dysphagia

# Screening

## SCREENING (Optional)

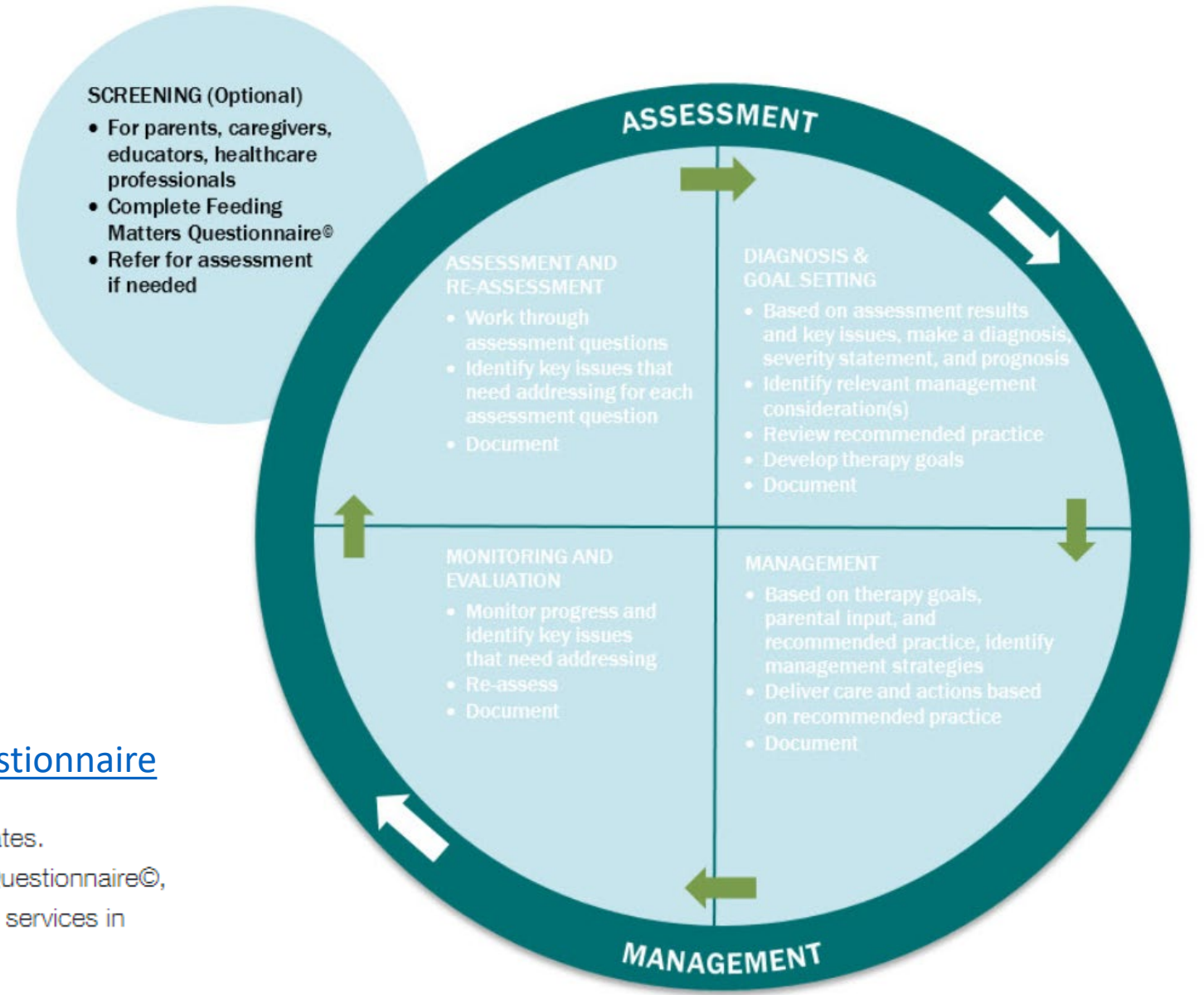
- For parents, caregivers, educators, healthcare professionals
- Complete Feeding Matters Questionnaire®
- Refer for assessment if needed

START QUESTIONNAIRE

<http://questionnaire.feedingmatters.org/questionnaire>

Note: this link will direct you to Feeding Matters in the United States.

After completing the Feeding Matters Infant and Child Feeding Questionnaire®, please return to this website and click on **Find Services** to locate services in Alberta



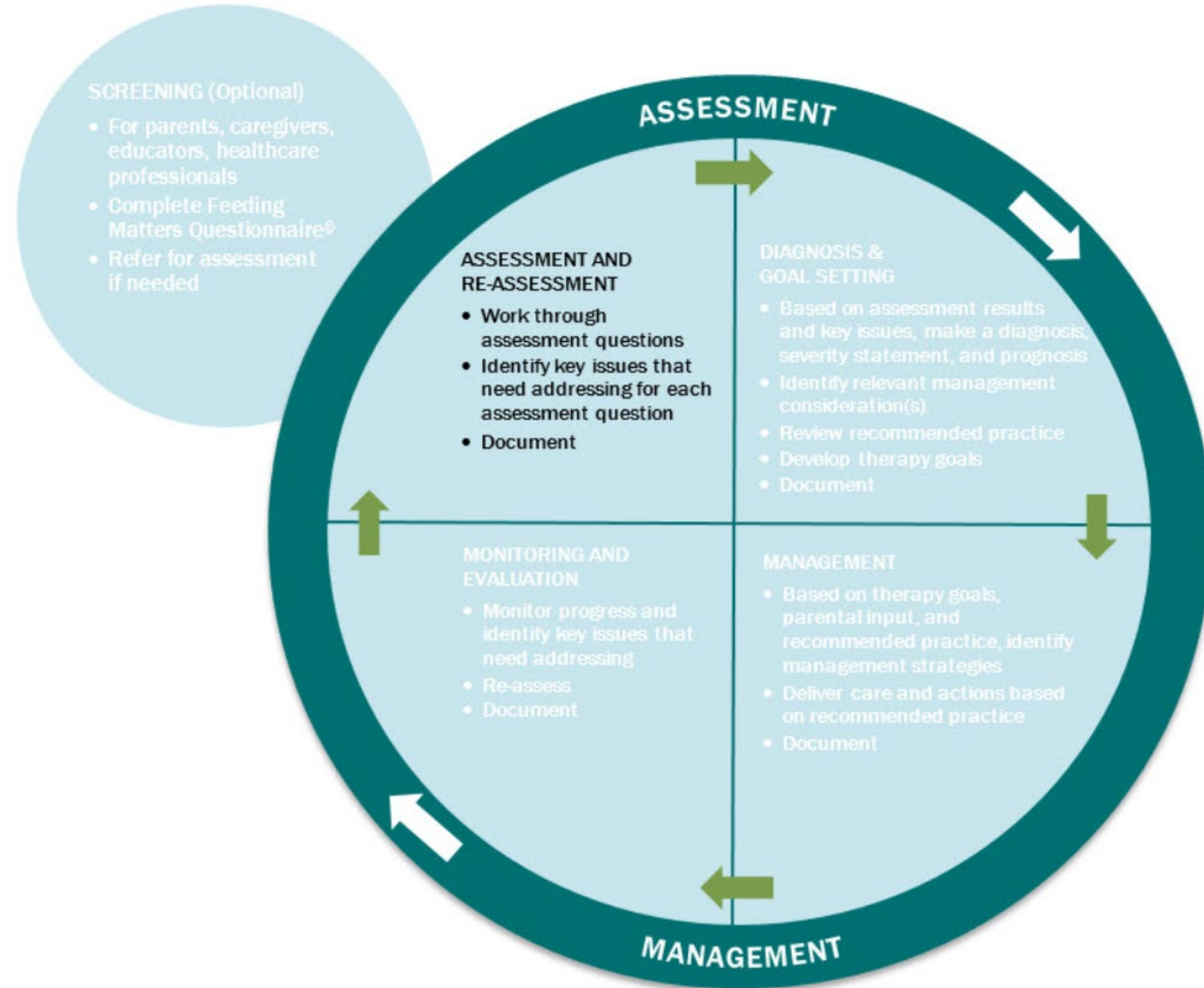
# Assessment

4 Domains of PFD

5 Key Questions of PFD

Figure 4: Pediatric Feeding Care Cycle  
(NSW Office of Kids and Families, 2016)

# Assessment



# 4 Health Domains of PFD

**Medical Domain**

**Nutrition & Hydration Domain**

**Feeding Skill Domain**

**Psychosocial Domain**

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# 5 Key Questions of PFD

Question 1: Is the Current Method of Feeding Safe?



Question 2: Is Feeding Adequate?



Question 3: Is Feeding a Positive Experience for Child and Parent?



Question 4: Is Feeding Appropriate for the Child's Developmental Capacity?



Question 5: Is Feeding Efficient?



# Assessment

## Dysphagia

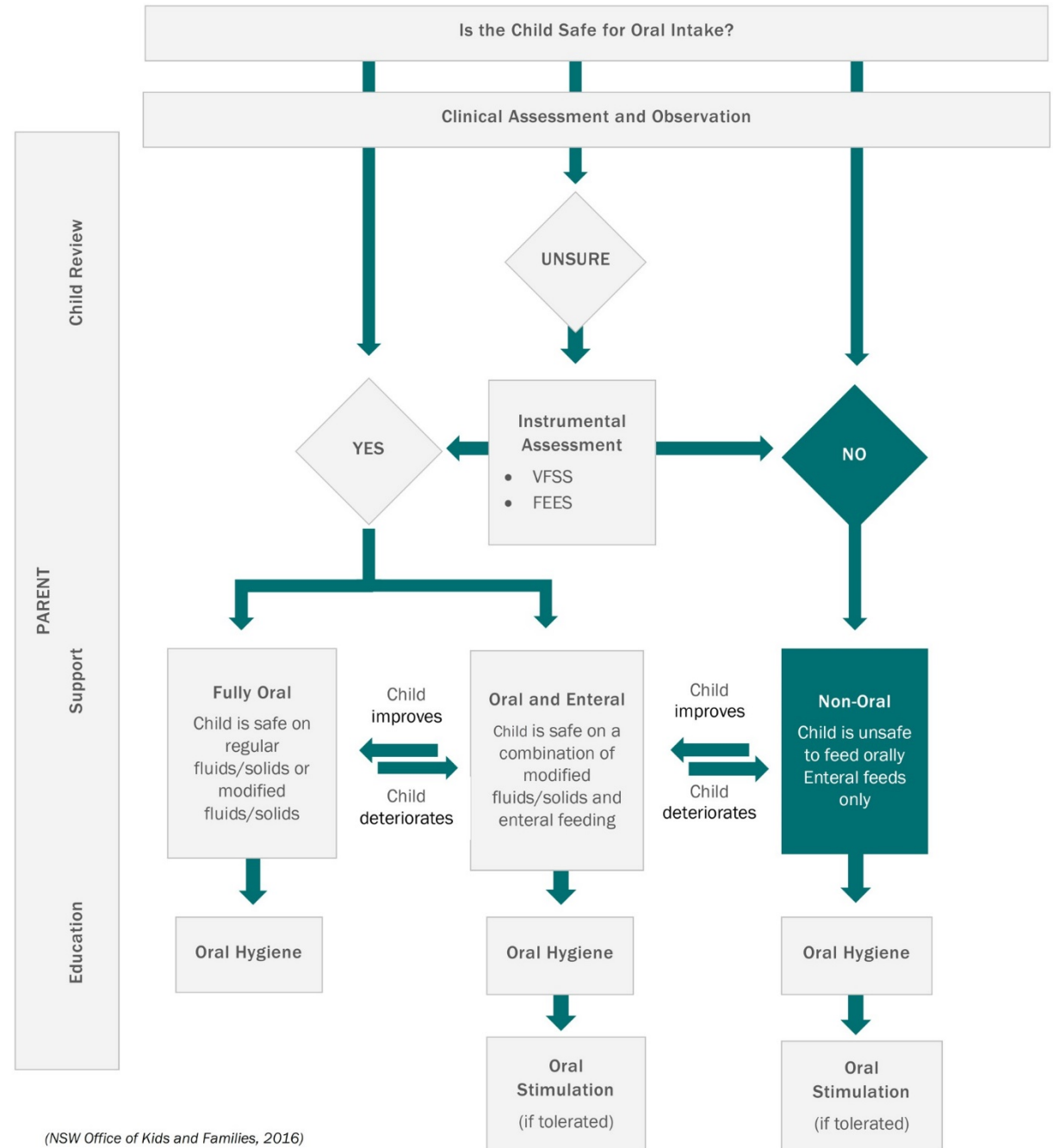
### 1 Key Question

# 1 Key Question of Dysphagia

## Is swallowing safe?

- Are there signs and symptoms of decreased airway protection?
- Can physiological and respiratory stability improve safe oral feeding?
- Can compensatory strategies, rehabilitation interventions, or diet modifications improve safe and swallowing?

Figure 8: Safe Swallowing Decision Flow Chart





# PEAS Provider Training: Clinical Practice Guide

**TABLE 2: WHEN TO CONSIDER VFSS**

WHEN TO CONSIDER VFSS	CONTRAINDICATIONS OF VFSS
<ul style="list-style-type: none"> <li>• Patient cooperation is maximized</li> <li>• Some exposure to oral intake – a minimal amount is necessary to obtain enough diagnostic information from the study</li> <li>• Fatigue with feeding</li> </ul>	<ul style="list-style-type: none"> <li>• Potential for medical complications or potential for compromised pulmonary function (suboptimal endurance)</li> </ul>

**TABLE 3: ADVANTAGES AND DISADVANTAGE OF VFSS**

ADVANTAGES OF VFSS
<ul style="list-style-type: none"> <li>• Defines oral and pharyngeal stages of swallow</li> <li>• Provides dynamic imaging of oral, pharyngeal and esophageal phases of swallowing</li> <li>• Non-Intrusive (although, for some the conf is considered intrusive)</li> <li>• Assesses various consistencies</li> <li>• Provides ongoing view of airway protection during swallows</li> <li>• Verifies outcomes of modifications</li> </ul>

(Logemann, 1991)

**TABLE 4: WHEN TO CONSIDER FEES**

WHEN TO CONSIDER FEES	CONTRAINDICATIONS OF FEES
<ul style="list-style-type: none"> <li>• clinical signs of aspiration during the clinical evaluation for bottle or breastfeeding</li> <li>• poor or questionable secretion management</li> <li>• stertor</li> <li>• stridor</li> <li>• suspected laryngeal abnormality</li> <li>• fatigue with feeding</li> <li>• considering initiation of oral intake</li> <li>• assess progress or change</li> </ul>	<ul style="list-style-type: none"> <li>• inability to tolerate or pass a nasogastric tube</li> <li>• anatomic conditions such as choanal atresia and nasal or pharyngeal stenosis</li> </ul>

**TABLE 5: ADVANTAGES AND DISADVANTAGES OF FEES**

ADVANTAGES OF FEES	DISADVANTAGES OF FEES
<ul style="list-style-type: none"> <li>• it is possible to complete if non-oral or limited oral intake</li> <li>• assesses secretion management</li> <li>• visualizes pharyngeal and laryngeal anatomy</li> <li>• visualizes the vocal cords</li> <li>• assesses various consistencies</li> </ul>	<ul style="list-style-type: none"> <li>• intrusive</li> <li>• actual swallow is obscured (white out)</li> <li>• cannot assess esophageal phase</li> <li>• operator dependent and open to subjective interpretation</li> </ul>

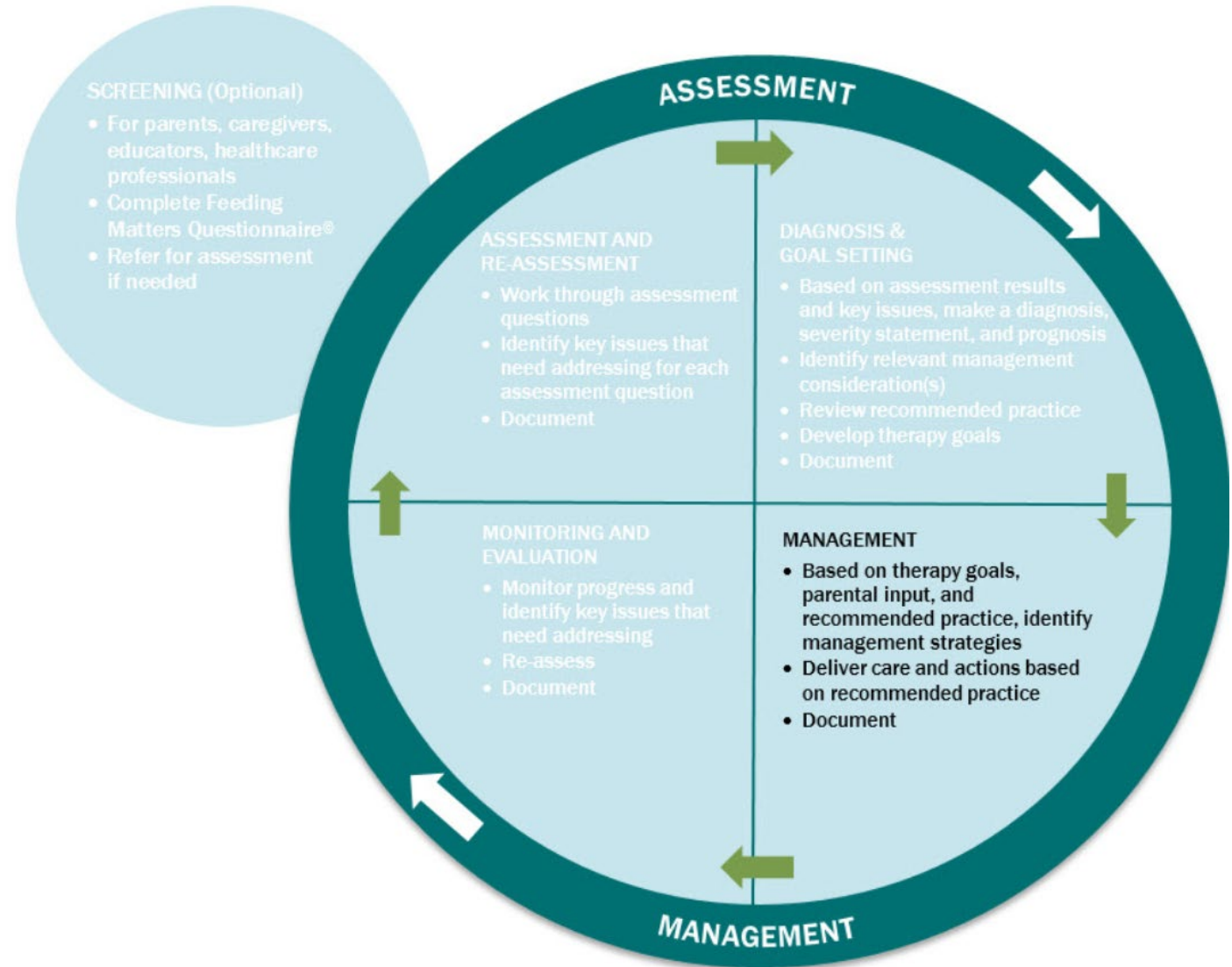
# Management

## Oral Feeding

## Management

Figure 6: Pediatric Feeding Care Cycle

(NSW Office of Kids and Families, 2016)



# Management: Oral Feeding Overview

1. Medical stability
  2. Facilitating safe swallowing
  3. Nutrition management to improve nutritional intake
  4. Seating and positioning
  5. Feeding skill development
  6. Feeding environments and routines
  7. Sensory processing
  8. Oral hygiene and dental health
-

# Medical Stability

- Medically stable as per a physician
  - At least 30 weeks gestation
  - Off ventilation for at least 24 hours
  - Able to maintain a resting respiratory rate of 60-70 breaths per minute or less with no respiratory distress cues
  - Maintaining wakeful periods – quiet alert state
  - Managing secretions (oral and pharyngeal)
  - Tolerating enteral feeds
  - Displaying hunger cues (preferred for feeding trials)
-

# Facilitating Safe Swallow

- Goal is to facilitate oral intake while minimizing risk of airway compromise
  - Should involve a team approach
  - Reassessment with changes in health
  - Compensation strategies and rehabilitation techniques
-

# Facilitating Safe Swallow

- Pacing and nipple flow rates
  - Method of bolus delivery
    - i.e. Appendix 6, Equipment List
  - Texture modification, progression, and nutrition
  - Thickeners considerations (Table 9)
-

# Nutrition Management

- Children with PFD are at greater risk of malnutrition
  - Goal is to support growth and optimal health
  - Strategies may vary based on age, medical condition, skill, psychosocial factors and current intake
  - Enteral nutrition support may be considered when oral intake cannot be well supported.
-

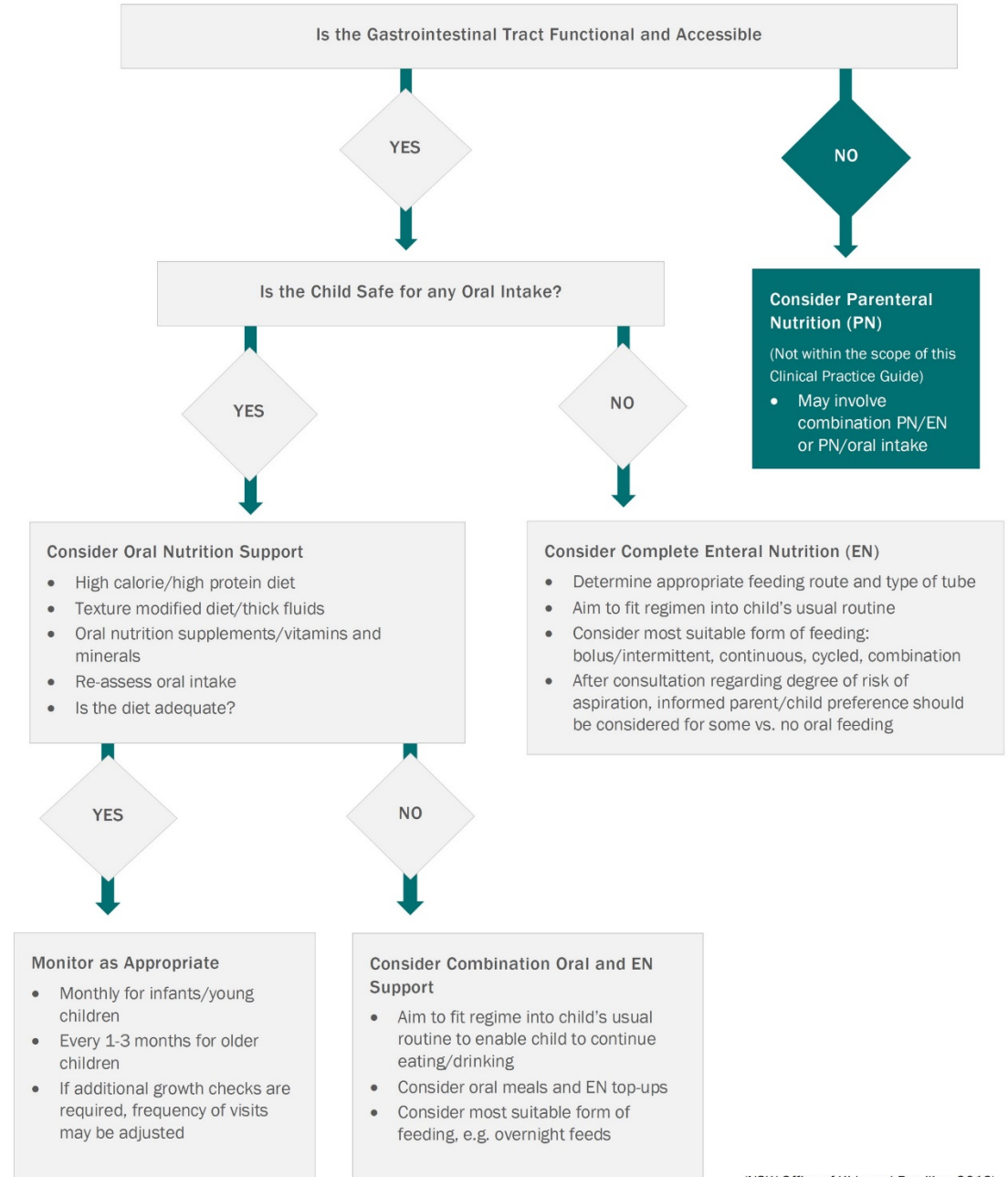


# Nutrition Management

- High calorie high protein diet, texture modification, oral nutrition supplements, vitamins/minerals
- Enteral nutrition considerations
- A combination of oral and enteral feeds

Figure 7: Nutrition Support Decision Making Tree (Modality Algorithm)



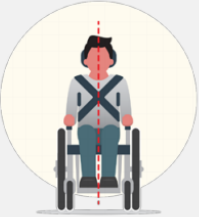
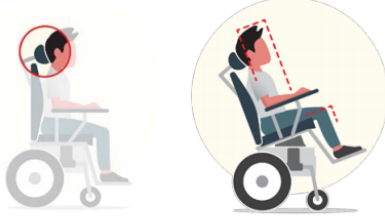

For use when oral intake has been assessed as inadequate or inefficient



# Seating and Positioning

- Stability-mobility patterns for coordination of suck-swallow-breathe
- Positioning intervention for functional sitting
- Guidance for infants and children, use of highchairs and boosters, and significant postural needs
- Equipment considerations

TABLE 10: POSITIONING FOR INFANTS, CHILDREN AND YOUTH WITH SIGNIFICANT POSTURAL NEEDS

POSTURAL NEED	PICTURE
<b>Pelvic Stability</b> <ul style="list-style-type: none"><li>• pelvic stability provides the base foundation of support in a sitting position. Pelvis should be positioned at neutral or with slight anterior tilt, with 90 degrees hip flexion</li></ul>	
<b>Feet Support</b> <ul style="list-style-type: none"><li>• support feet on a stable surface as this will influence pelvis and hip stability</li></ul>	
<b>Trunk Control</b> <ul style="list-style-type: none"><li>• poor trunk control can lead to poor upper extremity and head control. Lateral supports may assist with providing adequate trunk stability for those children that cannot independently maintain a midline position of the trunk</li><li>• monitor the effect of lateral supports on a child's respiration</li></ul>	
<b>Head Support</b> <ul style="list-style-type: none"><li>• head support, e.g. a chair with a high back or a head rest may be required if adequate head control has not yet been achieved</li><li>• the more upright the seated position the more the head and neck need to work therefore tilt or recline may reduce the amount of effort involved in keeping the head and neck in midline</li><li>• tilt is preferable as it does not change the position of the pelvis</li></ul>	
<b>Tray Access</b> <ul style="list-style-type: none"><li>• initially provides extra trunk support and stability, and later provides a place for forearms and elbows as the child begins to attempt to self-feed</li></ul>	

[FOR FAMILIES](#)[ORAL FEEDING](#)[TUBE FEEDING](#)[FAMILY LIFE & SELF-CARE](#)[YOUR CARE TEAM](#)[CARE COORDINATION](#)[TOOLS & TEMPLATES](#)

## QUICK LINKS

[✓ IS FEEDING A STRUGGLE?](#)[✓ FIND SERVICES](#)[✓ VIRTUAL HEALTH](#)[✓ EQUIPMENT & SUPPLIES](#)[✓ FUNDING INFORMATION](#)[✓ FAQs](#)

## Oral Feeding

Oral feeding challenges (eating by mouth) can be extremely stressful for many caregivers. With these resources, support from your healthcare team and practice, your child's health and nutrition can improve and you can enjoy a positive feeding relationship with your child.

### Education Materials

Note for Healthcare Providers: AHS Forms and Handouts can be printed directly or on a separate page.

#### Swallowing Difficulties (Dysphagia)

- [🔗 Tips to Eat and Swallow Safely](#)
- [📄 When Your Child is Having a VFSS \(Videofluoroscopic Swallow Study\)](#)
- [📄 Having a Swallowing Test - Videofluoroscopy](#)

#### Texture Modified Diets

- [🔗 Dysphagia Soft Diet](#)
- [🔗 Easy To Chew Diet](#)
- [🔗 Minced Diet](#)
- [🔗 Pureed Bread Products](#)
- [🔗 Pureed Diet](#)
- [🔗 Thick Fluids](#)

#### Feeding Skill Development

- [🔗 Feeding Toddlers and Young Children](#)
- [📄 Food Ideas by Colour](#)
- [📄 Food Ideas by Flavour](#)
- [📄 Food Ideas by Texture](#)
- [📄 Food Play](#)
- [📄 Food Textures for Children](#)

### Feeding Toddlers and Young Children

Eating food gives children the energy and nutrition needed to grow, learn, and play. Children learn about food and eating by watching others. Be a positive role model. The eating habits you teach a child in the early years can form a pattern that lasts a lifetime. Try some of the tips in this handout to help children build healthy eating habits.

#### Make mealtime family time

Mealtimes are a great time for your family to visit and talk. Keep mealtimes pleasant and relaxed. Let children see you enjoying a variety of foods. This will help children try new foods and learn eating skills.



Children's appetites and willingness to try new foods will change from day to day. This may change depending on how fast they are growing, how active they are, or how they are feeling.

#### The feeding relationship

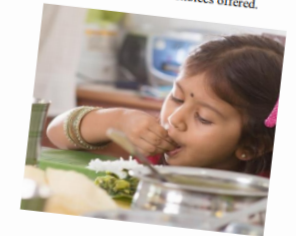
The way you and your child relate to each other around feeding and eating is called the feeding relationship. Parents and children have different roles—these roles help children learn to be healthy eaters.

##### Parents and caregivers decide:

- what food and drinks are offered:** Serve the same foods to the whole family. Offer a variety of foods from Canada's Food Guide.
- when food and drinks are offered:** Offer 3 meals and 2-3 snacks each day at regular times, and water throughout the day. When children eat at regular times they are more likely to be ready to eat.
- where food and drinks are offered:** Children eat best when they sit comfortably, rather than walking around. Eat together, turn off the TV, and put aside phones and electronics.

##### Children decide:

- how much to eat** from the choices you've offered. Listen to children when they say "I'm full." Children will sometimes decide to eat more at meals or snacks, and other times they'll eat less.
- whether to eat** from the choices offered.



# Feeding Environments & Routines

- Supporting Mealtime Routines
- Supporting Mealtime Environments
- Considering Communication and Behaviour
- Supporting a Positive Feeding Relationship with Positive Mealtime Interactions



# Sensory Processing/Regulation

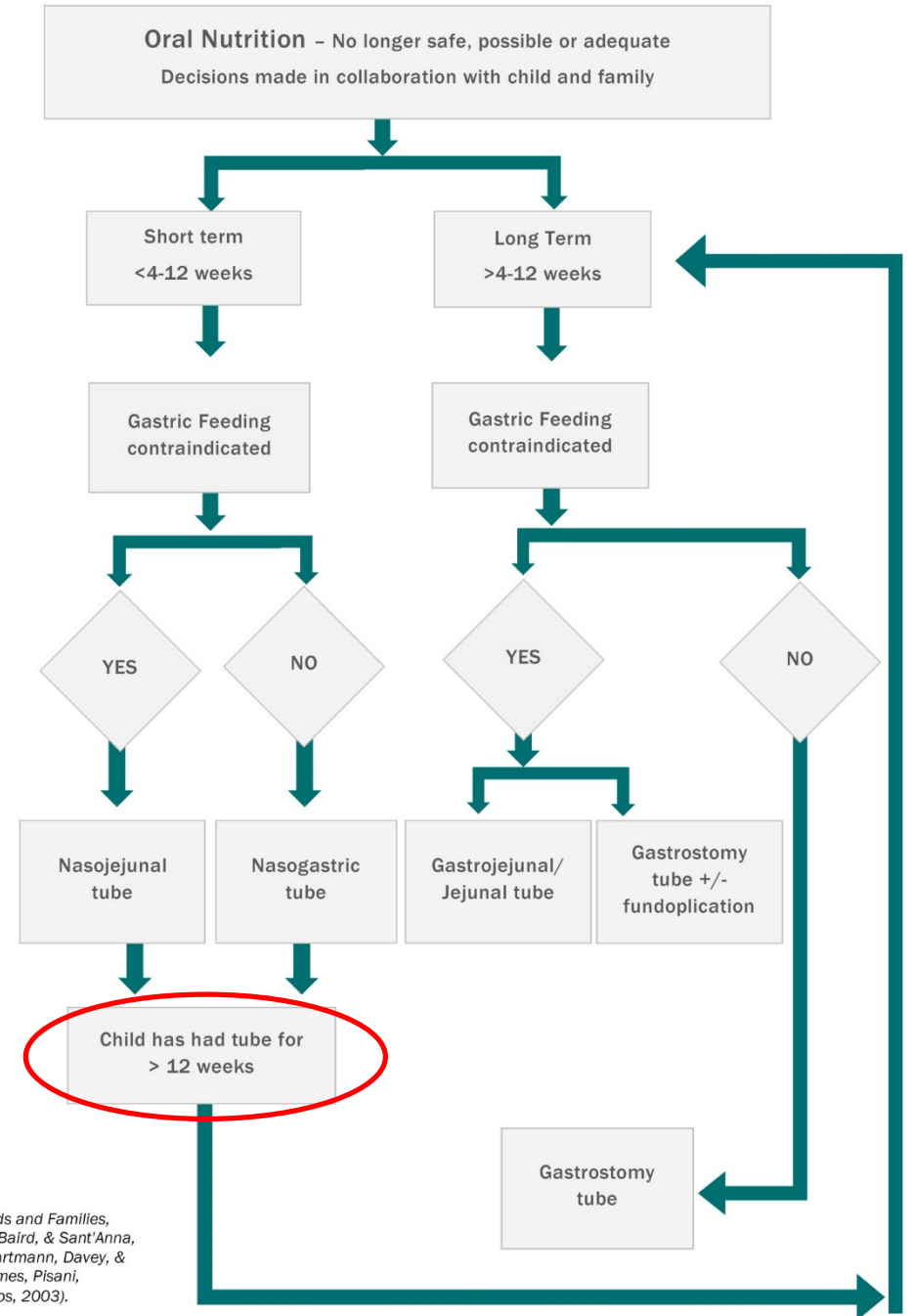
- Informed by assessment through parent interview and observations
  - A child's response to sensory information may impact their feeding development and mealtime experience
  - Achieve and maintain a calm but alert state
  - Adjustments to accommodate sensory needs is more likely to result in a positive feeding experience
-

# Management Enteral Feeding

## PEAS Provider Training: Clinical Practice Guide

# Management: Enteral Feeding

- Early discussions with family are important
- Consider long term tube placement when enteral feeding is expected over 4-12 weeks
- Recommendations based on expert guidelines and safety concerns



# PEAS Provider Training: Clinical Practice Guide

**TABLE 13: FEEDING PUMP CRITERIA**

<b>Medical Indications for Feeding Pump Use</b>	<ul style="list-style-type: none"><li>• continuous feeds – day and, or night feeds</li><li>• jejunal feeds (given continuously)</li><li>• physiologically required (continuous feeds are required, e.g. inborn errors of metabolism)</li><li>• bolus feeds provided over &gt;60-90 minutes or unacceptable length of time for patient age or size, e.g. due to:<ul style="list-style-type: none"><li>- high volume of feed</li><li>- increased risk of aspiration/pneumonia requiring slow feeds</li></ul></li><li>• gravity feeds not tolerated, e.g. dumping syndrome, chronic diarrhea or vomiting</li></ul>
<b>Indications for Feeding Pump Discontinuation</b>	<ul style="list-style-type: none"><li>• gravity feeds are tolerated</li><li>• continuous feeds are discontinued, e.g. jejunal feeds are discontinued</li></ul>
<b>Requests for Feeding Pump that are not Medically Supported (and Suggestions for Response)</b>	<ul style="list-style-type: none"><li>• formula is too viscous to run by gravity<ul style="list-style-type: none"><li>- use large bore feeding bags, dilute formula (in consultation with a dietitian), or push feed with syringe</li></ul></li><li>• family is familiar with pump use<ul style="list-style-type: none"><li>- provide education</li></ul></li><li>• family preference without supporting rationale<ul style="list-style-type: none"><li>- must be a truly exceptional and short-term circumstance, e.g. palliation</li><li>- families may source feeding pumps and funding privately</li></ul></li></ul>



# Monitoring Enteral Nutrition

Quarterly assessment (ASPEN):

- Physical exam
  - Medication review
  - Growth evaluation
  - Tolerance of feed type and delivery
  - Oral feeding readiness and/or progression
-

# Transition from Enteral to Oral Feeding

## Supporting eating skills:

- Assess readiness
- Set achievable goals
- Oral preparation

\*The entire oral management section of the CPG!

## Preparing to wean:

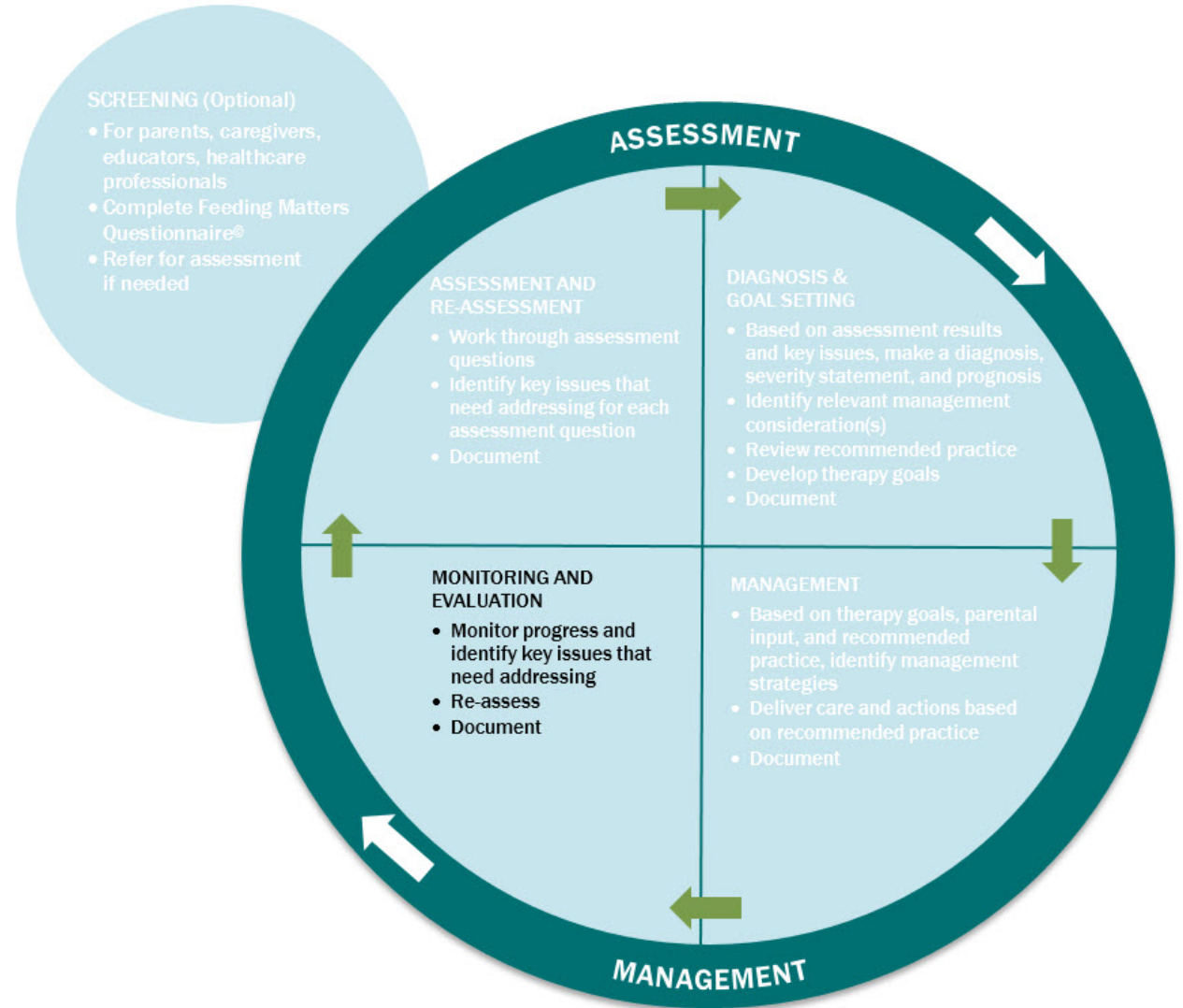
- Hunger provocation
  - Support eating skills
  - Exposure to food
  - Reduce stress
  - Acknowledge and respond to the child's cues
  - Avoid force feeding
-

# Monitoring & Evaluation

## Monitoring & Evaluation

Figure 11: Pediatric Feeding Care Cycle

(NSW Office of Kids and Families, 2016).




# Transition

# Transition

- Transition Home and from Program when on Oral Feeds
  - Transition Home and from Program when on Enteral Feeds
  - Feeding Care Plans
  - Transition from Pediatrics to Adult Service
-

# Oral Feeding Care Plan

- Having a clearly defined feeding care plan is an important part of safely managing pediatric EFS disorder.
- It is an essential part of communicating, and implementing safe and successful strategies across multiple care settings, e.g. grandparents, daycare and school.

		Last Name (Legal)		First Name (Legal)	
Preferred Name <input type="checkbox"/> Last <input type="checkbox"/> First		DOB(dd-Mon-yyyy)			
PHN		ULI <input type="checkbox"/> Same as PHN		MRN	
Administrative Gender <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Non-binary/Prefer not to disclose (X)					
Developed And Shared with (Name of family Member)				Date (dd-Mon-yyyy)	
Child's Preferred Name (Last name, first name)					
Medical Condition(s)					
Food Restrictions or Allergies					
Emergency Contact (s)					
<b>Diet/Food Preparation</b>					
<b>Drink Thickness*</b> For examples of each, please click on the links provided below					
<input type="checkbox"/> Thin (Level 0) (includes breastmilk)					
<input type="checkbox"/> Slightly Thick Fluids (Level 1) (includes commercially available 'Anti-regurgitation' infant formulas)					
<input type="checkbox"/> Mildly Thick Fluids (Level 2)					
<input type="checkbox"/> Moderately Thick Fluids (Level 3)					
<input type="checkbox"/> Liquidised (Level 3)					
<input type="checkbox"/> Extremely Thick Fluids (Level 4)					
<b>Food Texture*</b> For examples of each, please click on the links provided below					
<input type="checkbox"/> Pureed (Level 4)					
<input type="checkbox"/> Minced and Moist (Level 5)					
<input type="checkbox"/> Soft and Bite Sized (Level 6)					
<input type="checkbox"/> Regular Easy to Chew (Level 7)					
<input type="checkbox"/> Regular (Level 7)					
<input type="checkbox"/> Transitional Foods (Meltables)					
<input type="checkbox"/> Mixed Consistency Allowed					
<b>Oral Feeding Recommendations and Precautions</b>					
Safe for oral medication <input type="checkbox"/> Yes <input type="checkbox"/> No					
Level of Independence with Eating and Drinking, e.g., supervision required, assistance required					
<b>Feeding Techniques and Precautions</b>					
Amount of food per bite:					
Food placement:					
Pacing: e.g.,					
<input type="checkbox"/> Offer drink after _____ bites					
<input type="checkbox"/> Other					
Typical Intake:					
21587(2020-03)		White - Chart		Canary - Patient/Parent	
Page 1 of 2					

21587(2020-03)		White - Chart		Canary - Patient/Parent	
Page 2 of 2					

# Enteral Feeding Care Plan

- Having a clearly defined feeding care plan is an important part of safely managing pediatric EFS disorder.
- It is an essential part of communicating, and implementing safe and successful strategies across multiple care settings, e.g. grandparents, daycare and school.





# Conclusion

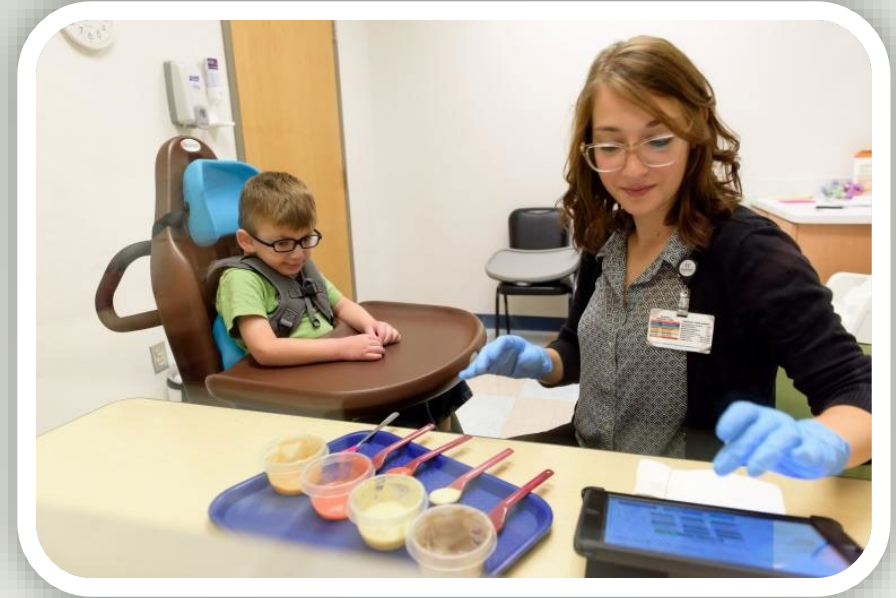
# Provider Training Dates

Topic	Audience	Dates & Times (Choose 1 of each)	
<b>Overview &amp; New Tools</b>	Managers & Healthcare Providers	✓ Jul 21 11-12 pm	✓ Oct 21 3-4 pm
<b>Clinical Practice Guide</b>	Healthcare Providers	✓ Jul 23 3-4 pm	✓ Oct 28 3-4 pm
<b>Collaborative Practice &amp; Roles</b>	Healthcare Providers	✓ Jul 30 3-4 pm	Nov 5 2-3 pm

Online recordings: <https://peas.albertahealthservices.ca/Page/Index/10176>

# Contact Us

Email: [PEAS.Project@ahs.ca](mailto:PEAS.Project@ahs.ca)



[NEWS AND EVENTS](#)[COMMUNITY OF PRACTICE](#)[CONTACT US](#)

# Contact Us

We welcome you to contact us to learn more about the PEAS project or to provide your feedback about this website. Please do **not** include any personal health information. If you have a health concern, contact [Health Link at 811](#) or see our other [contact options](#).



Close this note from the top right corner.

First Name

Last Name

Email

Subject

Message

## About PEAS

Pediatric Eating And Swallowing (PEAS) is a quality improvement initiative to standardize services and improve care for children with an eating, feeding and swallowing disorder in Alberta.

[Learn more...](#)

### Quality Improvement

[Quality Improvement](#)[QI Dashboard](#)[Family Survey](#)

### Other

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# News and Events

## News

### Now Available: PEAS Virtual Training sessions for providers

6/26/2020

We are pleased to announce that we will be offering the PEAS Virtual Training for healthcare providers this summer and fall. Please see the attached newsletter for registration information!



[PEAS Healthcare Provider Training Invitation](#)

PEAS EventBrite page: <http://peas-ahs.eventbrite.com/>

### PEAS update during COVID-19 crisis

3/26/2020

Dear Pediatric Eating And Swallowing (PEAS) community,

To ensure that Albertans are provided with the best care possible, we are pausing PEAS project plans that affect operations management and staff involved with COVID-19. In particular, we are **postponing** the following for 2 months or longer as needed:

- [Virtual Training sessions](#) (originally planned for April and May)
- Innovation Learning Collaborative (originally planned for June 3)
- Family survey data collection

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### QUICK LINKS

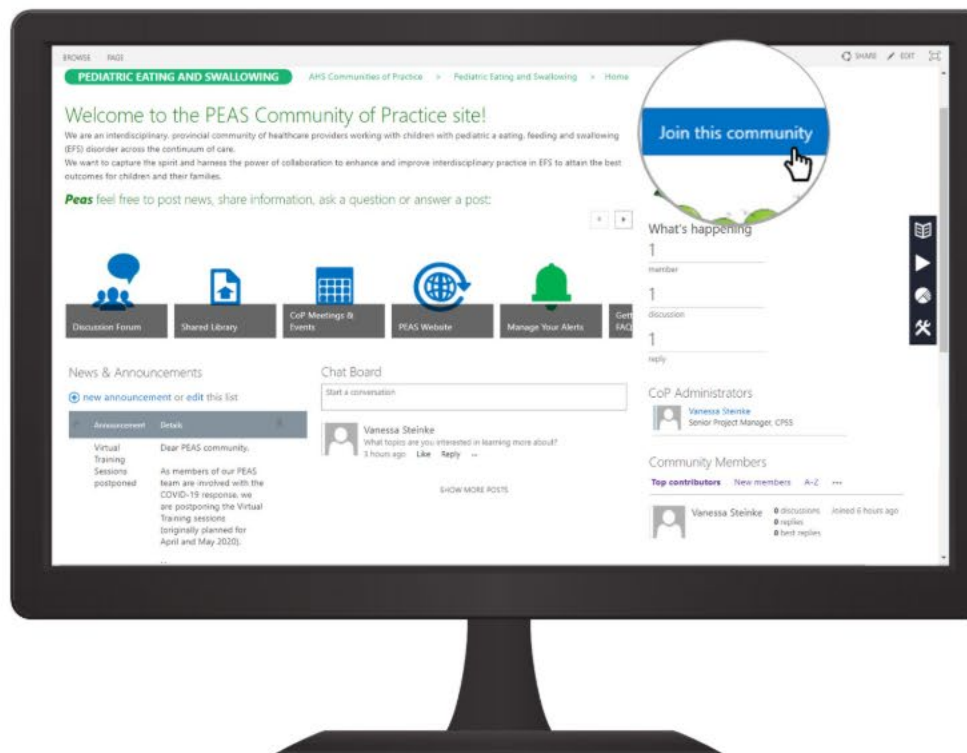
[✓ CPG QUICK REFERENCE](#)[✓ ORDER FORMS & HANDOUTS](#)[✓ FIND SERVICES](#)[✓ VIRTUAL HEALTH](#)[✓ EQUIPMENT & SUPPLIES](#)[✓ FUNDING INFORMATION](#)[✓ FOR FAMILIES](#)[✓ NEWS AND EVENTS](#)

# Community of Practice

We have just launched the Pediatric Eating And Swallowing Community of Practice (CoP) for healthcare providers who work with children with a pediatric eating, feeding and swallowing (EFS) disorder. This virtual CoP is an interdisciplinary community of healthcare providers across the continuum of care in Alberta. The goal of this CoP is to capture the spirit and harness the power of collaboration to enhance and improve interdisciplinary practice in EFS to attain the best outcomes for children and their families.

## To join the PEAS Community of Practice:

1. You must be a healthcare provider with an AHS account.  
\*See below for information on how to obtain an AHS account.
2. Go to the PEAS CoP website here: <https://extranet.ahsnet.ca/teams/CoP/PEAS/SitePages/Home.aspx>  
If prompted, enter your AHS account name and password.
3. Click "Join this community" as shown below. That's it!



# Family Quotes

“ I can hold my knife and spoon like my ‘teachers’ do!  
Ice cream is my favorite! ”

– Eisha Dhanda



# Thank You

## PEAS Standardized Practice & Education Working Group!

- Allison MacDonald, SLP ACH
- Amanda Pack, SLP Home Care & GRH
- Dr. Beverly Collisson, SLP Lead, ACH (PEAS Co-Chair)
- Breanne Black, OT North Zone
- Dr. Carole-Anne Hapchyn, Child Psychiatrist, Edmonton Zone
- Christine Gotaas, SLP EFS Coordinator, GRH
- Christine Pizzey, OT Team Lead, Central Zone
- Cynthia Pruden, SLP Clinical Lead, North Zone
- Donna Dressler-Mund, OT ACH
- Dr. Heather Leonard, Associate Professor, Community Pediatrics
- Jennifer Oliverio, RT Clinical Educator, ACH (PEAS Co-Chair)
- Joanne Kuzyk, Program Manager, Community Rehabilitation
- Julia Giesen, SLP RAH
- Dr. Justine Turner, Professor, Pediatric Gastroenterology
- Karen Hill, RN ACH
- Kristina Van Nest, RD ACH
- Liz Mathew OT Team Leader, Edmonton Zone
- Lori Woods, SLP Calgary Zone
- Megan Terrill, Senior Practice Consultant, HPSP
- Dr. Melanie Loomer, Psychologist, ACH
- Melissa Lachapelle, RD Provincial Practice Lead (PEAS Co-Chair)
- Mini Kurian, SLP Stollery
- Rachel Martens, Family Advisor
- Rachel Williamson, NP ACH
- Rachelle Van Vliet, PCM ACH (PEAS Co-Chair)
- Shobha Magoon, OT Team Lead, Edmonton Zone
- Stacey Dalgleish, NP Calgary
- Tania Vander Meulen, RD GRH
- Tina Nelson, SLP ACH
- Todd Farrell, OT Clinical Lead, North Zone
- Vanessa Steinke, Provincial Project Manager
- Wendy Johannsen, SLP Stollery
- Yolán Parrott, OT Clinical Practice Lead, GRH





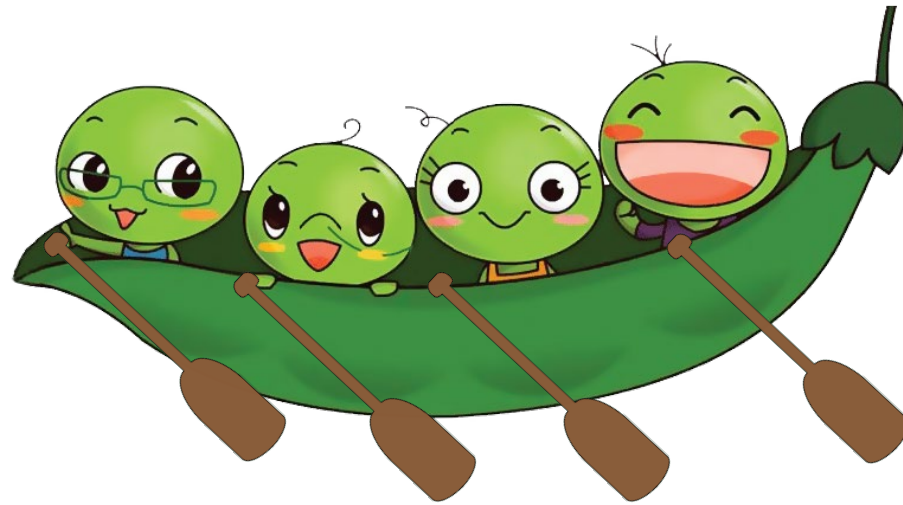
# Questions & Comments?



[PEAS.Project@ahs.ca](mailto:PEAS.Project@ahs.ca)

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# Thank You!



[PEAS.Project@ahs.ca](mailto:PEAS.Project@ahs.ca)

<https://survey.albertahealthservices.ca/peas.webinar2>

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